

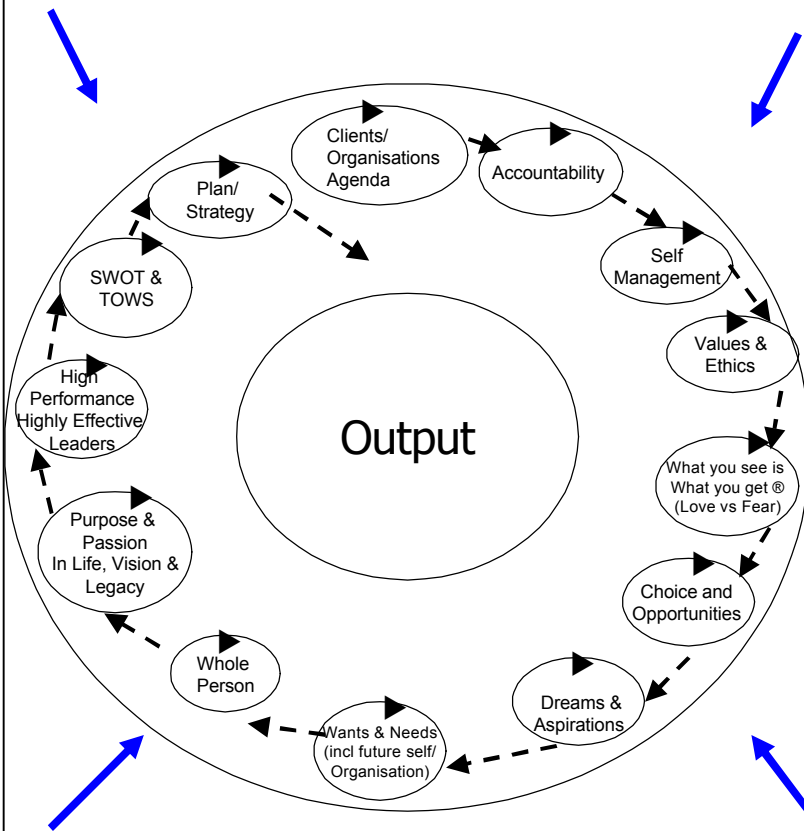
Executive, Career, Relationship, and Life Transformation Coaching Model

Analysis

- Coaching
- Coaching Tools
 - Appropriate Assessments
 - Occupational Personality Questionnaire (OPQ); Emotional Intelligence Analysis
 - 360 Assessment, etc.
 - Thought & emotion health check diagnostic
 - High Performance Definition & Goal/ Action Log;
 - Wheel of life, Job performance wheel, Management competencies wheel, Management Leadership Wheel, Highly Effective Leaders Wheel, I & Whole Person Wheel; Performance Awareness Skills Appraisal;
 - SWOT & TOWS Analysis;
 - Goal/ Problem/ Action Matrix;
 - Diagnosing Organisational Culture;
 - Legacy Definition & Action Log;
 - VISA Kite & associated Goals and Actions;
 - Dreams, aspirations, wants. needs, passion, purpose in life, and associated goals & actions.

Input

Transformation



Output

- Transition from Current to Desired State.
- Focused, Value-add, High Performance and highly effective individuals/ leaders/ Teams/ organisations.
- Performance & Leadership improvement & maximization.
- Transformed life, personal reinvention & fulfilled purposeful, balanced life.
- Defined clients/ organisations agenda.
- Highly effective at interpersonal communication.
- Realization and utilization of:-
 - Limitless potential & life purpose & passion in life;
 - Dreams & aspirations and wants & needs;
 - Individual & organizational legacy;
 - Personal & organization vision;
 - Personal & organization ethics;
 - Creative mind power (what you see is what you get @);
 - Defined future self and or future organization;
 - Master of their own/ organizations destiny (collective thought);
 - Personal & organization long term goals;
 - Enhanced problem solving capabilities; and
 - Self Management.
- Mastering Personal and or organizational choice and problem solving capabilities;
- SWOT & TOWS Analysis & associated strategy & plan;
- Faster realization of personal and or organizational goals;
- Creation of personal and or organisation opportunities/ creation of own future;
- Changed behaviours within the system to bring about positive outcomes;
- Whole person (mind, Body, Soul, Spirit).

Coaching Process/ Model

